Brú na Bóinne Visitor Centre, Knowth & Newgrange Visual Guide

This document is a guide to what will happen during my visit to the Brú na Bóinne Visitor Centre, Knowth & Newgrange







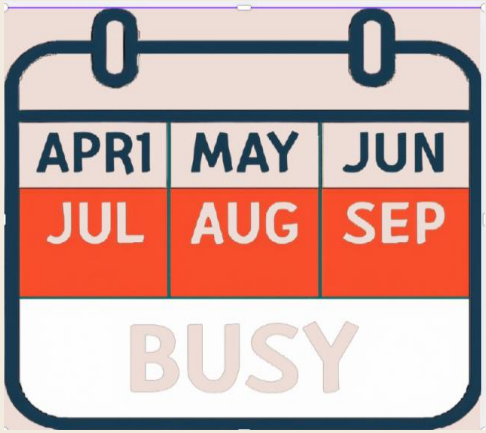
In this story I will learn about how to enter Brú na Bóinne Visitor Centre, Knowth and Newgrange. I will also find out what to expect to see during my visit.

Most of the tours from March to October include both Knowth and Newgrange

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Planning my Visit:

This heritage site is a very popular visitor attraction so it can get very busy at certain times of the year. This can be difficult for some visitors as it can be loud and crowded at times. Below are busy times that might help me to plan my visit:



The busiest time of the year is March – October



The busiest days are weekends, bank holidays and school holidays.



The busiest time is between 9am-3pm

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Purchasing my ticket

I must purchase my ticket online before my visit on www.heritageireland.ie



The Entrance

There is a map and some helpful information on this pathway



This is the entrance to the visitor Centre. The doors here are automatic

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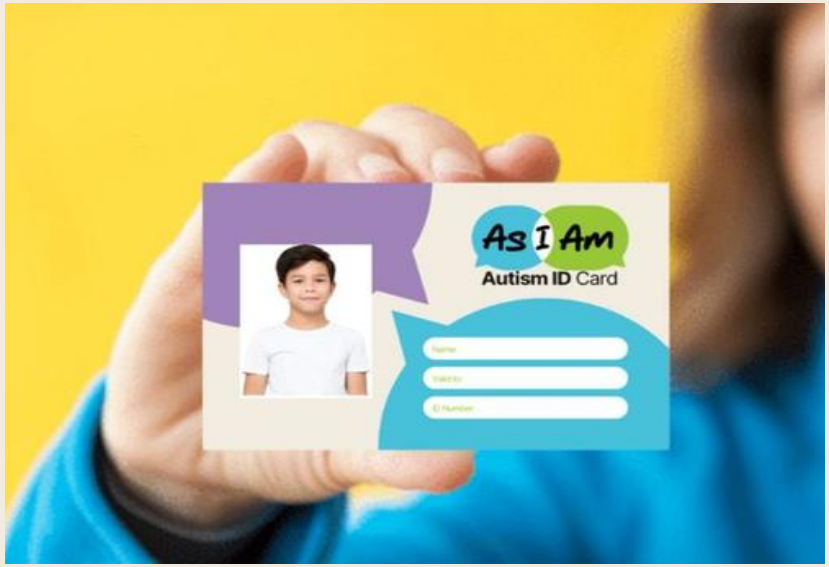
Collecting my ticket

This the reception area. There are two desks for collecting tickets.

If waiting in line is challenging for me, I can ask for help from one of the guides.

Here I can show my Autism ID card or my lanyard to a staff member and ask them to skip the queue. If I want a sensory pack, I can ask the staff at reception.





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When I collect my ticket I will get a wristband. I must wear this wristband during my visit.

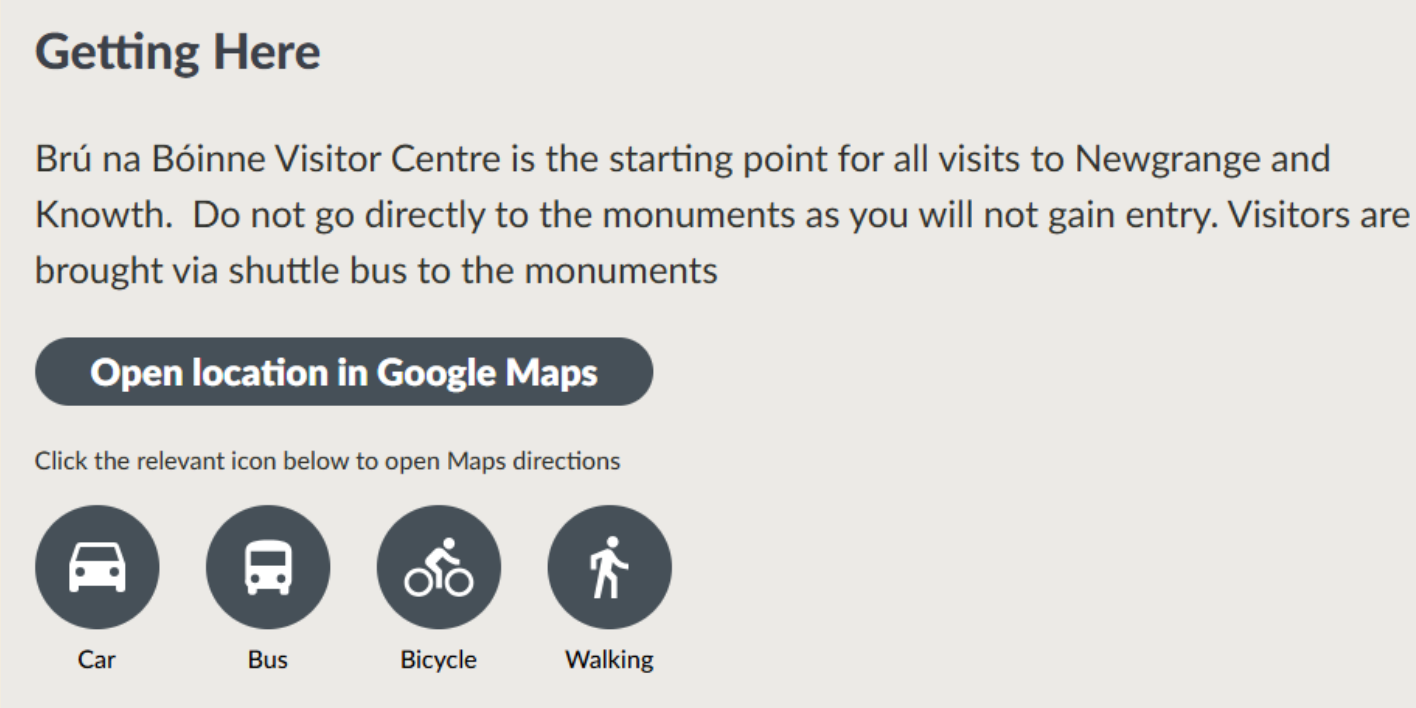
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Getting here

Eircode - A92 EH5C

If I click on the Hyperlink below, it will bring me to the website below

https://heritageireland.ie/visit/places-to-visit/bru-na-boinne-visitor-centre-newgrange-knowth-and-dowth/#place--contact



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I will meet several friendly guides when visiting

The guides can answer any questions I might have and they are here to help me if I need help. The staff wear badges and lanyards around their neck.

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Sensory Experience during the tour

If I have never visited Brú na Bóinne Visitor Centre, Knowth & Newgrange before or somewhere similar, this can be a very new sensory experience. Here is some information to help me prepare for my visit:

1. There may be a lot of people in one space



- ✓ The passage inside Newgrange is narrow and low in places.
- ✓ It is safe inside but I don't have to go inside if I feel uncomfortable
- ✓ There are lights in the passage and chamber.
- ✓ Part of the visit will involve the lights being turned off for a few minutes so the guide can show what its like when the sun enters on winter solstice – the guide will warn you before this happens and you can leave if you are not comfortable.
- ✓ This chamber can sometimes feel cramped even when groups are split up to reduce numbers.

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Sensory Experience during the tour

2. There may be bright lights and changes in natural lighting throughout the tour





The lighting in the indoor spaces at the visitor centre and Knowth exhibition are mixed sources, LED, strip and spot lighting.

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Sensory Experience during the tour

3. There may be some parts of the tour that are quite loud





In the visitor centre, the exhibition is interactive with lots of videos playing, some with music, some with narration. There are also sections where the noises of nature are played to simulate the outdoors. I should bring noise cancelling headphones with me on the tour.

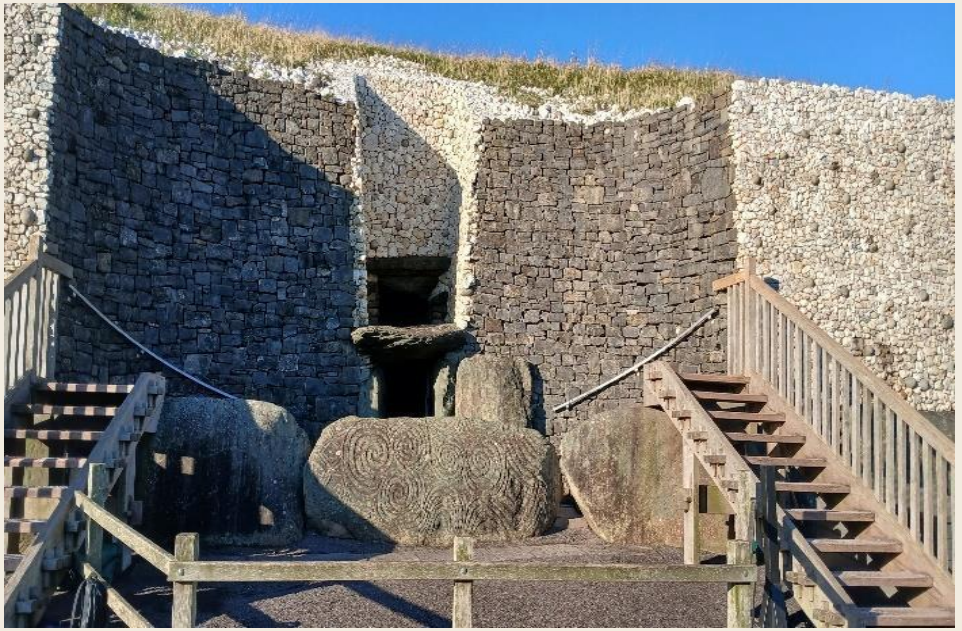
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Sensory Experience during the tour

4. There are narrow spaces and different temperatures on some parts of the tour



It can be cramped inside the Newgrange monument



Temperature changes while walking through the tour route. I transition from indoors to outdoor areas and the weather may impact comfort levels.

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Sensory Experience during the tour

5. I will encounter different smells on parts of the tour



Different smells may be encountered in the coffee shop. I will also encounter perfume & aftershave during parts of the tour.

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Sensory Spaces

While there are no identified designated quiet/withdrawal spaces, I can freely wander the site and there is a large amount of open space at all three locations.





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Sensory Packs are available at the Visitor Centre





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Facilities – Gift Shop, Cafe & Toilets







The gift shop and café are located downstairs in the Visitor Centre. I follow the signs and go down the stairs.

The toilets at Knowth and Newgrange are across the road from the sites.

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Tour of Knowth & Newgrange



These are the doors I will use to get to the monuments It is 300m from these doors to the bus stop



This is the bridge over the River Boyne which I will cross over



I follow the path after the bridge to get to the bus stop



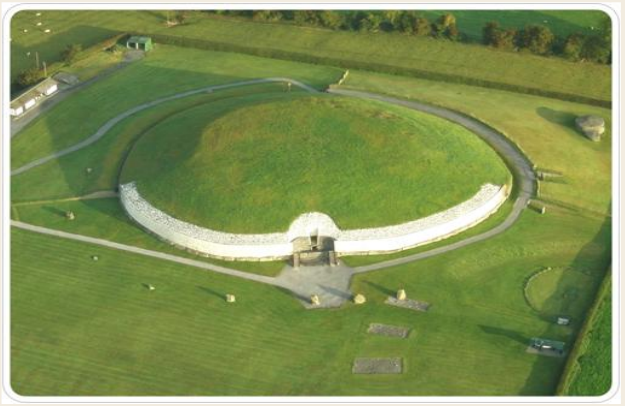
This is where I wait for the bus. The time of my bus is on my ticket & wristband. There will be other people waiting here with me.

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Tour of Knowth & Newgrange



The bus will bring me to Knowth first and then Newgrange.
The bus journey from here to Knowth is about 7 minutes
The drivers will be happy to help if I need any assistance here



Newgrange – I will be here for about 45 minutes



Knowth – I will be here for about an hour



I can climb to the top of the mound for an amazing view of the Boyne Valley

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Finishing my tour



Inside one of the buildings is an exhibition on the megalithic art at Knowth. There is also a film in this room



After the film, I will wait on these benches for the bus to Newgrange & the Visitor Centre



When I return to the Visitor Centre, I will enter on the lower level. I need to go upstairs to find my way out and back to my car. This is the exit of the Visitor Centre